

DEVELOPMENTAL MILESTONES

2 YEAR OLD MILESTONES

Social/Emotional

- Copies others
- Shows more independence
- Gets excited when with other children
- Plays beside other children
- Plays with other children in games such as chase or tag

Language/Communication

- Points to items or pictures when they are named
- Knows the names of the body parts
- Knows the names of family members
- Uses 2-4 word sentences
- Follows simple instructions
- Repeats words

Cognitive/Thinking Skills

- Starting to sort shapes and colors
- Completes sentences in familiar rhymes or books
- Plays simple make believe games
- Follows two-step instructions
- Names items in a picture book
- Builds tower of at least 4 blocks

Motor/Physical Skills

- Stands on tiptoe
- Kicks a ball
- Begins to run
- Makes or copies straight lines and circles

All children develop at different rates, meaning that your child may show mastery of some skills or skill areas, while still developing in other areas. Our goal is to help your child grow and learn in all areas of skill development, and these milestones help to guide our curriculum and teaching methods.

3 YEAR OLD MILESTONES

Social/Emotional

- Shows affection for friends without prompting
- Takes turns in games
- Shows concern for others who are crying or hurt
 - Understands “mine” or “theirs”
- Shows a wide range of emotions
- Separates easily from caregiver

Language/Communication

- Follows 2-3 step directions
- Can name most familiar things
- Understands positional words such as “in,” “on,” and “under”
- Uses the words “I” “we” “me” “they” and some plural words
- Speaks clearly enough for strangers to understand
- Carries on a conversation using 2-3 sentences

Cognitive/Thinking Skills

- Works with toys and moving parts
- Plays make believe with stuffed animals, dolls, and people
 - Does puzzles with 3-4 pieces
 - Turns pages of a book 1 at a time
 - Builds towers of 6 or more blocks
 - Understands what “two” means
- Copies a circle or a line with a pencil or a crayon

Motor/Physical Skills

- Climbs well
- Runs easily
- Jumps, may hop on one foot
- Can draw stick figures and use scissors

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4 YEAR OLD MILESTONES

Social/Emotional

- Enjoys doing new things
- Has more creative make believe play
- Would rather play with other children than by themselves
- Cooperates with others
- Talks about what he/she likes and is interested in

Language/Communication

- Correctly uses "he" and "she"
- Sings a song or recites a poem from memory
- Tells stories
- Says first and last name
- Speaks in complete sentences of 5-6 words.
- Answers simple questions

Cognitive/Thinking Skills

- Names some colors and numbers
- Understands the idea of counting
- Recognizes some letters and knows the sounds of some letters
- Can write their name- may need a model to copy
- Starts to understand time
- Completes age appropriate puzzles
- Copies capital letters
- Draws a person with 2 or 4 body parts
- Tells you what will happen next in a story
- Remembers the parts of a story

Motor/Physical Skills

- Hops and stands on one foot for 5 seconds
- Catches a bounced ball
- Uses scissors
- Walks backward easily

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5 YEAR OLD MILESTONES

Social/Emotional

- Enjoys playing with friends, and wants to please them
- More likely to agree with rules
- Likes to dance, sing, and act
- Can tell what's real and what's make believe
- Is becoming more independent
- Shares and takes turns

Language/Communication

- Speaks very clearly
- Can tell a simple story using complete sentences
- Uses future tense
- Says name and address
- Follows two to three step directions

Cognitive/Thinking Skills

- Counts 10 or more objects
- Recognizes more letters and writes their name independently
- Knows the sounds that most letters make
- Better understands the concept of time and daily routines
- Recognizes familiar words such as "STOP" or environmental print (McDonald's, Target, etc)

Motor/Physical Skills

- Stands on one foot for 10 seconds or longer
- Hops, may be able to skip
- Correctly uses a fork and spoon
- Climbs
- Draws a person with six body parts
- Copies a triangle and other geometric shapes

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